ORIGINS
NATURAL HEALTH
& MIDWIFERY

PATIENT REGISTRATION FORM

Today's Date

PATIENT INFORMATION

Name:	Date of Birth:	Age:
Gender: ☐ M ☐ F	Marital Status:	
Address:	Phone (hm):	
City/State/Zip:	Phone (cell):	
Email:	May we leave messages at these numbers? ☐H ☐C	

Preferred method of communication: ☐Email ☐ Home phone ☐ Cell phone

Emergency Contact: Phone:

Their relationship to you:

For Minors Only: Name of Mother: Name of Father:

HOW DID YOU HEAR ABOUT US?

☐Family/Friend ☐ Insurance ☐Physician Referral

☐Internet: Specify ☐Other:

BILLING FORMATION

Is patient covered by insurance? ☐Yes ☐No	If No, Name of Person Responsible for Bill:
Primary Insurance: (PLEASE GIVE YOUR CARD TO THE RECEPTIONIST)	*Address and Phone Number of Responsible Party (if different from above)

Subscriber's Name Employer: Occupation: Date of Birth:

Patient's Relationship to Subscriber: ☐ Self ☐ Spouse ☐ Child ☐ Other:

Subscriber #: Group #:

Secondary Insurance: Subscriber's Name Employer: Date of Birth:

Patient's Relationship to Subscriber: ☐ Self ☐ Spouse ☐ Child ☐ Other:

Subscriber #: Group #:

☐ By checking this box, I am verifying that the above is true to the best of my knowledge.

Date: _____

119 Cedar Avenue | Snohomish, WA 98290
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119 Cedar Ave, Snohomish, WA 98290 *Phone: 360-863-3223* *Fax: 888-875-1198*

Consent for Treatment

I, the undersigned, hereby authorize the physicians listed above to perform the following specific procedures as necessary to facilitate my diagnosis and treatment:

General Diagnostic Procedures, which may include but is not limited to venipuncture, PAP smears, radiography, and blood and urine lab work, general physical exams, neurological and musculoskeletal assessments.

Lifestyle Counseling and Hygiene: diet therapy, promotion of wellness including recommendations for exercise, sleep, stress reduction, immunization, psychological counseling, and balancing of work and social activities.

Dietary Advice and Therapeutic Nutrition: use of foods, diet plans or nutritional supplements for treatment—may include intramuscular vitamin injections.

Herbs/Medicines: prescribing various therapeutic substances including plants, minerals, animal materials, and some pharmaceuticals, and non-drug contraceptive devices. Substances may be given in the form of teas, pills, powders, tinctures—may contain alcohol; topical creams, pastes, plasters, washes, suppositories or other forms.

Soft Tissue and Osseous Manipulation: use of massage, neuro-muscular techniques, muscle energy stretching or visceral manipulation, as well as manipulations of the extremities and spine, including traction.

Homeopathic Remedies: use of highly dilute quantities of naturally occurring plants, animals and minerals to gently stimulate the body's healing responses.

Minor office procedures: Dressing wounds, ear cleansing, care of superficial lacerations.

Electromagnetic and Thermal Therapies: The use of ultrasound, low and high volt electrical muscle stimulation, transcutaneous electrical stimulation, microcurrent stimulation, infrared and ultraviolet therapies, and hydrotherapy.

I recognize the potential risks and benefits of these procedures as described below:

Potential risks: Discomfort, pain, minor bruising, infection, blistering, loss of consciousness or deep tissue injury from, topical procedures, heat or frictional therapies, electromagnetic- and hydrotherapies; allergic reactions to prescribed herbs or supplements, soft tissue or bone injury from physical manipulations, temporary discoloration of the skin, temporary dizziness and lightheadedness, and aggravation of pre-existing symptoms.

Potential benefits: Drugless relief of presenting symptoms and improved balance of bodily energies, which may lead to prevention or elimination of the presenting problem and the strengthening of the constitution, restoration of health and the body's maximal functional capacity, relief of pain and symptoms of disease, assistance in injury and disease recovery, and prevention of disease or its progression.

Notice to Pregnant Women: All female patients must alert the doctor if they know or suspect that they are pregnant, since some of the therapies used could present a risk to the pregnancy. Labor-stimulating techniques or any labor-inducing substances will not be used.

With this knowledge, I voluntarily consent to the above procedures, realizing that no guarantees have been given to me regarding cure or improvement of my condition. I understand that I am free to withdraw my consent and to discontinue participation in these procedures at any time.

I understand that a record will be kept of the health services provided to me. This record will be kept confidential and will not be released to others unless so directed by myself or my representative or if it is required or permitted by applicable law. I understand that I may look at my medical record at any time and can request a copy of it by paying the appropriate fee. I understand that my medical record will be kept for a minimum of three, but no more than ten years after the date of my last treatment. I understand that information from my medical record may be analyzed for research purposes, and that my identity will be protected and kept confidential. I understand that any questions I have will be answered by my practitioner to the best of her ability.

_____	_____
Patient's Name (Print)	Guardian's Name (Print)
_____	_____
Patient's Signature	Guardian's Signature
_____	_____ _____
Date	Relationship to Patient Date

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Acknowledgement of Receipt:

Financial Policy

The following outlines our financial policy. Please review carefully and sign/date it.

- Payment is due at time of service. The provider may arrange this differently under certain circumstances. Acceptable forms of payment include cash, check, Visa, & MasterCard. Insurance is also accepted. Payment for services are paid to the appropriate billing provider (not CAIM).
- Patients who pay out of pocket for their visit will ONLY be given a 20% discount if they pay at time of service.
- Nutritional supplements must be paid for at the time of purchase, regardless of insurance.
- Please give us 24 hours' notice if you can't make your appointment. Failure to give 24 hours advance notice for appointment cancellations may result in a fee. Patients will now be billed **$50.00 for appointments that are cancelled with less than 24 hours' notice**. Special circumstances may waive this fee. The front desk will now remind patients of this policy when they call for appointment reminder.
- Patients may be responsible for charges incurred by using the practitioner's pager, cell phone, or text service outside of normal business hours (Monday-Friday: 9am-6pm). This fee will be $40 per page, cell phone call, or text. We encourage all patients to call the front desk with immediate concerns during normal business hours.
- Patients are responsible for all bank charges and fees resulting from a returned check.
- Accounts more than 60 days overdue will incur financing charges of 1% per month on any outstanding balance.
- There may be an associated form fee at physician's discretion of $25. Forms include but aren't limited to letters of medical necessity.

Insurance: Your insurance policy is a contract between you and your insurance company. We are not a party to that contract. We will bill your insurance as a courtesy for which we are contracted providers, as long as you provide us with your current and correct information.

I authorize my insurance benefits be paid directly to the provider. I understand that I am financially responsible for any balance. I also authorize my provider or my insurance company to release any information required to process my claims. I understand that payment is dependent on my eligibility at the time of service and ALL terms and conditions of my insurance plan. I also acknowledge that certain services may not be covered by my benefit plan, or deemed medically unnecessary, and agree to pay for any Non-Covered Service, such as phone or email consultations and outside labs. This authorization shall remain valid until revoked by me in writing.

Payment Issues: If financial problems arise, please contact our office ASAP. Installment or payment arrangements can be implemented. Balance will become due immediately if you break rules of the plan.

I have carefully read the Financial Policy. I understand and agree to the terms therein.

_____ _____

Signature of Patient or Responsible Party Date

_____ _____

Print Patient Name Date of Birth

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Acknowledgement of Receipt:

Notice of Privacy Practices:

- I have been offered a copy of the Notice of Privacy Practices for the Practitioner that I am seeing. For future reference, I may access a copy at the front desk or on the website.

_____ _____
Signature of Patient or Responsible Party Date

Acknowledgement of Confidentiality:

- **Voicemail (please check one circle)**:

I hereby give permission for Origins Natural Health to leave the following on my voicemail:

- o Detailed medical information
- o Limited medical information (please specify with your provider)
- o Billing and appointment information

_____ _____
Signature of Patient or Guardian Date

- **Email (please check one circle)**:

I hereby give permission for Origins Natural Health to leave the following on my email:

- o Detailed medical information
- o Limited medical information (please specify with your provider)
- o Billing and appointment information

_____ _____
Signature of Patient or Guardian Date

_____ _____
Print Patient Name Date of Birth

HEALTH HISTORY QUESTIONNAIRE *Lactation*

All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

Mother's Name: *(Last, First, M.I.)*	**DOB:**
Infant's Name:	**DOB:**

PRIMARY CARE PHYSICIAN: **Physician Phone #:**

OTHER HEALTHCARE PRACTITIONERS: Include midwife, OB, acupuncturist, chiropractor, massage therapist, medical doctor, nutritionist, osteopath, other specialists etc.:

Name:	**Type of practice:**	**Phone number:**

Reason for Consult:

❑ Breast/Nipple Pain	❑ Suspected low milk supply
❑ Breast Refusal	❑ Latch Issues
❑ Poor weight gain/weight loss	❑ Pump questions/back to work
❑ Plugged ducts/mastitis	❑ Bottle use/formula supplementation

QUESTIONNAIRE MOTHER

Previous medical diagnoses

Diagnosis:	Diagnosed by:	Date of diagnosis:
1.		
2.		
3.		
4.		
5.		

Traumas, Car Accidents, Injuries:

Surgeries and Hospitalizations (including breast surgery):

Year	Reason	Hospital

Have you ever had a blood transfusion? ..... ☐ Yes ☐ No

MEDICATIONS

PRESCRIPTION & OTC MEDICATIONS	SUPPLEMENTS
1.	1.
2.	2.
3.	3.
4.	4.

ALLERGIES

Drug Allergies	Reaction
1.	
2.	
Food Allergies	**Reaction**
1.	
2.	
Environmental Allergies	**Reaction**
1.	
2.	

Are you in pain? If yes, describe:

Do you fee like your milk has "come in" yet?

Can you feel a "let down"?

Are you pumping? # of times per day: Brand/model:
Flange size (mm): How many ounces per pumping session R: L:

Have you breastfed before?

How many weeks were you when you gave birth? Delivery method: NSVD Cesarean

Reason for Cesarean:

Complications at delivery or in the hospital? If yes, describe:

Sleeping arrangement:

- ❑ Mom and baby in the same room, but not the same bed
- ❑ Bed sharing/co-sleeping
- ❑ Baby in crib in separate room

QUESTIONNAIRE BABY

Baby's birth weight: Baby's most recent weight : Date:

In the past 24 hours how many times has baby eaten?	❑ At breast: ❑ From a bottle (type)? ❑ Other feeding device:
How long (total) does a typical feeding take?	❑ 15-20 min ❑ Less than 10 min ❑ More than 30 min ❑ Other

In the past 24 hours how many wet diapers?

In the pat 24 hours how many poopy diapers?

What color/consistency is baby's poop?

Does baby wake themselves to eat?	❑ Yes ❑ Sometimes ❑ No, I wake baby to eat

What positions have you tried for breastfeeding?	❑ Football ❑ Side lying ❑ Reclined ❑ Cradle ❑ Cross cradle ❑ Laid-back
Is breastfeeding comfortable?	❑ Yes ❑ Yes, after a few tries ❑ Sometimes ❑ No it's painful ❑ Unable to latch
Does baby spit up after feeding?	❑ No ❑ Yes, small amounts here or there ❑ Yes, small amounts every feeding ❑ Yes, large amounts every feeding ❑ Yes, its bright green or projectile
How does baby act after feeding?	❑ Relaxed and happy ❑ Upset and fussy ❑ Other
Does baby take a pacifier?	
Does baby need a nipple shield to latch?	
Any current medications?	
Has baby had any illnesses?	

Edinburgh Postnatal Depression Scale[1] (EPDS)

Name: _____ Address: _____

Your Date of Birth: _____ _____

Baby's Date of Birth: _____ Phone: _____

As you are pregnant or have recently had a baby, we would like to know how you are feeling. Please check the answer that comes closest to how you have felt **IN THE PAST 7 DAYS**, not just how you feel today.

Here is an example, already completed.

I have felt happy:

- ☐ Yes, all the time
- ☒ Yes, most of the time — This would mean: "I have felt happy most of the time" during the past week.
- ☐ No, not very often — Please complete the other questions in the same way.
- ☐ No, not at all

In the past 7 days:

1. I have been able to laugh and see the funny side of things
   - ☐ As much as I always could
   - ☐ Not quite so much now
   - ☐ Definitely not so much now
   - ☐ Not at all

2. I have looked forward with enjoyment to things
   - ☐ As much as I ever did
   - ☐ Rather less than I used to
   - ☐ Definitely less than I used to
   - ☐ Hardly at all

*3. I have blamed myself unnecessarily when things went wrong
   - ☐ Yes, most of the time
   - ☐ Yes, some of the time
   - ☐ Not very often
   - ☐ No, never

4. I have been anxious or worried for no good reason
   - ☐ No, not at all
   - ☐ Hardly ever
   - ☐ Yes, sometimes
   - ☐ Yes, very often

*5 I have felt scared or panicky for no very good reason
   - ☐ Yes, quite a lot
   - ☐ Yes, sometimes
   - ☐ No, not much
   - ☐ No, not at all

*6. Things have been getting on top of me
   - ☐ Yes, most of the time I haven't been able to cope at all
   - ☐ Yes, sometimes I haven't been coping as well as usual
   - ☐ No, most of the time I have coped quite well
   - ☐ No, I have been coping as well as ever

*7 I have been so unhappy that I have had difficulty sleeping
   - ☐ Yes, most of the time
   - ☐ Yes, sometimes
   - ☐ Not very often
   - ☐ No, not at all

*8 I have felt sad or miserable
   - ☐ Yes, most of the time
   - ☐ Yes, quite often
   - ☐ Not very often
   - ☐ No, not at all

*9 I have been so unhappy that I have been crying
   - ☐ Yes, most of the time
   - ☐ Yes, quite often
   - ☐ Only occasionally
   - ☐ No, never

*10 The thought of harming myself has occurred to me
   - ☐ Yes, quite often
   - ☐ Sometimes
   - ☐ Hardly ever
   - ☐ Never

Administered/Reviewed by _____ Date _____

[1]Source: Cox, J.L., Holden, J.M., and Sagovsky, R. 1987. Detection of postnatal depression: Development of the 10-item Edinburgh Postnatal Depression Scale. *British Journal of Psychiatry* 150:782-786 .

[2]Source: K. L. Wisner, B. L. Parry, C. M. Piontek, Postpartum Depression N Engl J Med vol. 347, No 3, July 18, 2002, 194-199